

Bambara groundnut (*Vigna subterranea* (L.) Verdc) Winged bean (*Psophocarpus tetragonolobus*)

- an overview of past, present and future research direction



Community Interest Company (CIC), UK



University of

Nottingham

UK | CHINA | MALAYSIA











Festo Massawe

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University of Nottingham – three Campuses



University of Nottingham, UK

University of Nottingham, China (Ningbo)

University of Nottingham, Malaysia (Semenyih)



University of Nottingham, Malaysia (Semenyih)



Outline and key messages

Bambara groundnut research - part of food/crop diversification – also other crops such as winged bean, amaranth, foxtail millet etc.

This presentation - selective: University of Nottingham and partners ... other researchers and teams are doing great work ...

Bambara groundnut research - an example of international research commitment to an underutilised crop: 1992-2023

Key things to note - partnerships, genetic resources (core collection, breeding lines, structured populations – for genetic analysis and variety development), traits studied, tools developed, ...

Training the next generation of researchers and research leaders

What next: breeding; markers-assisted breeding; training, ...









Crop diversification through a wider use of agrobiodiversity: minor, underutilized crops

A wide range of nutritious, sustainable options to choose from that meet diverse cultural and taste preferences

Local food biodiversity: available, accessible, affordable

Often well adapted to local environments including soils and climate

Grown by small holders - receive little attention ...



Crops such as Bambara groundnut, amaranth and winged bean, foxtail millet, taro ...







physiology



Field selection



Plant protein from resilient and nutritious crops

Two examples:

1) Bambara groundnut (*Vigna subterranea*) - a drought tolerant African legume (*seed protein varies from 9.0-30.7%*)

2) Winged Bean (*Psophocarpus tetragonolobus*) - a high protein tropical legume (*seed protein up to 40%*)

Sean Mayes, Wai Kuan Ho, Hui Hui Chai, Tian Yuet Chong, Alberto Tanzi, Kumbirai Mateva, Presidor Kendabie, Alberto Tanzi, Luis Salazar Licea, Niki Tsoutsoura and many others



Regine Zeng, asiangardens2table.com; DF Herridge; GE Eagleton



Bambara groundnut (*Vigna* subterranea (L.) Verdc)



Congo groundnut, Congo goober, earth pea/underground bean, njugo bean, Kacang bogor/peanut bean; njugu mawe; nzama, nyimo bean, indhlubu,



https://www.youtube.com/watch?v=vdB5L1nsDlo

an example of **international research** commitment to an underutilised crop

Grown mainly in Africa but also grown in a number of countries worldwide e.g. Indonesia.



Artificial hybridisation protocol





Bambara groundnut in Indonesia likely to Nottingham have been introduced from Southern Africa UK | CHINA | MALAYSIA



Grown primarily by subsistence farmers

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Seeds are a reasonably balanced, nutritious food - represents an important source of protein

The crop is drought resistant, relatively free of diseases and pests

No improved varieties, only landraces

Yields are variable







Yield and nutritional composition

Table 1. Total area harvested, production and average yields for Bambara groundnut in 2019

Country	Area harvested (ha)	Production (t)	Yield (t/ha)
Burkina Faso	59 926	58 435	0.975
Cameroon	66 675	51 265	0.769
Mali	38 789	26 076	0.672
Niger	68 073	44 807	0.658
Тодо	26 422	20 154	0.763
Zimbabwe	83 750	17 182	0.205
Democratic Republic of Congo	27 318	11 001	0.403

Source: FAOSTAT (2018).

Yields range from 0.5 to 3 t/ha; average 0.85 t/ha

Maphosa et al. (2022). <u>https://doi.org/10.1017/S0021859622000521</u>

Table 2. Proximate nutritional composition of Bambara groundnut seeds

Nutrient	Composition (g/100 g) (amino acids expressed in mg/g of protein ^a)
Fat	1-12
Carbohydrates	55-71
Protein	17-26
Starch	22-50
Dietary fibre	5-12
Soluble fibre	1-24
Insoluble fibre	10-16
Sugars	2.4
Ash	3-12
Moisture	13-1
Essential amino acid ^a	67.28
Non-essential amino acida	32.72

^aEssential and non-essential amino acids expressed in mg/g of protein. Adapted from: Murevanhema and Jideani (2013); Olaleye *et al.* (2013); Maphosa (2016); Yao *et al.* (2015); Khan *et al.* (2007); Majola *et al.* (2021).

Bambara groundnut research





University of Nottingham, Crops For The Future and partners across the globe

from basic plant science to product development and socio-economic studies









EU Project 1: 1992-1996 (BAMGROW)

Agroecological and food potential of bambara groundnut

- genetic diversity, yield potential; photoperiod, genetic resources -



Photoperiod: flowering and podding Linneman *et al.*, 1994; 1995; Brink et al., 1997 ...



Research stations in Africa

Key Landraces

Lun T - Sierra Leone

DipC - Botswana

Dod Red – Tanzania

Dod Cream – Tanzania

Yield and harvest indices

2.87 (DodR and 1.42 (Dod C) t ha⁻¹

Pod harvest indices of 0.56 and 0.34, respectively

Rainfall, temperature ...

Controlled-environments – UK; the Netherlands



Farmers knowledge: sowing date, earthing up ...





EU Project 2: 2000-2004 (BAMFOOD)

Increasing the productivity of bambara groundnut for sustainable food production in semi-arid Africa

Key Landraces

DipC - Botswana

S19-3 - Namibia

Uniswa R - Swaziland

1st Crosses - e.g., Tiga Nicuru x DipC



V. subterranea var. spontanea



First Genetic Linkage Map







method of crossbreeding

Farmers/traders ideotypes

- Early maturity
- Large seeds
- Fast cooking
- Sweet taste
- High yield

Partners: Swaziland/Eswatini

Botswana Namibia UK (UoN) Germany (TUM)

Massawe et al. 2002, 2003, 2005; Mwale et al., 2007a, b; Basu et al., 2007; Sesay et al., 2008 ...

EU Project 3: 2006-2009 (BAMLINK)

Molecular, Environmental and Nutritional Evaluation of Bambara

Groundnut for Food Production in Africa and Ind[•]



- Nutrition and product development
- Criteria and genotypes for breeding programme
- Drought, heat, cold, daylength and pod filling
- Genetic Linkage maps `Wide' and `Narrow' cross

Landraces	Origin	Region
DodR	Tanzania (TZA)	East Africa
DodC	Tanzania (TZA)	East Africa
AS17	South Africa (RSA)	Southern Africa
DipC	Botswana (BWA)	Southern Africa
SwaziRed	Swaziland (SWA)	Southern Africa
TicaNicuru	Mali (MLI)	West Africa
Ramayana	Indonesia(IND)	Asia
LunT	Sierra Leone (SLA)	West Africa
Vssp6	Cameroon (CMR)	West Africa
Nav 4	Ghana (GHA)	West Africa
Nav red	Ghana (GHA)	West Africa
Mahenene black	Namibia (NAM)	Southern Africa
S19/3	Namibia (NAM)	Southern Africa
S19-3	Namibia (NAM)	Southern Africa
UniswaRed	Swaziland (SWA)	Southern Africa
SB16 5A	Namibia (NAM)	Southern Africa
AHM968	Namibia (NAM)	Southern Africa
NAM 1761/3	Namibia (NAM)	Southern Africa
Malawi 3	Malawi (MW)	Southern Africa
Tvsu 569	Cameroon (CMR)	West Africa
Tvsu 610	Nigeria (NGA)	West Africa
Tvsu 747	Zambia (ZMB)	Southern Africa
GabC	Botswana (BWA)	Southern Africa
Tvsu 999	Zimbabwe (ZWE)	Southern Africa

Basu et al., 2007a, b, c; 2008; Jørgensen et al., 2009; Jørgensen et al., 2010; Mayes et al., 2013; Ahmad et al., 2013; Chai et al., 2013; Molosiwa et al., 2015.



Bambara groundnut (*V. subterranea*) - multi-locational trials





A West Africa - Southeast Asia collaboration (Ghana, Nigeria, Indonesia and Malaysia)

- developing pre-breeding materials with partners at field sites, in parallel with local germplasm

Michael Abberton, Joseph Berchie, Satriyas Ilyas, Sean Mayes



BamBREED - bambara groundnut breeding Nottingham programme (2019-2024) UK | CHINA | MALAYSIA

Drought resistant, photoperiod and hard to cook, ...

South Africa

Tafadzwanashe Mabhaudhi, Admire Shayanowako and others

University of



Kennedy Agyman, Joseph Berchie and others













Selection of breeding lines: improved cultivars with traits of interest

GENOTYPE	TRAITS OF INTEREST	
Mottled cream	Early maturing; drought tolerance	
Nav red	High yielding	
Uniswa red	High yielding; drought tolerance	
Nav 4	Cream-coloured seed; high yielding	
Bolga red	High yielding; big seed size	
Burkina	Drought tolerance; cream-coloured seed	
Zebra coloured	Early maturing	



Crop Research Institute, Ghana – on-station evaluation trial in September 2021

Multi-locational trial in September 2022 (two seasons across agroecological zones) and variety registration.

University of KwaZulu-Natal, Cedara Research Station, Capstone Seeds (Howick), and University of KwaZulu-Natal Controlled facilities.





University of KwaZulu-Natal, South Africa

Multi-locational trial: 2021-2022 summer growing season.

Develop germplasm with improved cooking qualities Lines from Tiga nicuru x Dip C; S19-3 x Ankpa4; IITA-686 x LunT





Core germplasm and structured populations

core ger	mplasm		Cross	Generation	Cross	Generation
Name	Origin		Ankpa4 x IITA-686 (& reciprocal)	F_3/F_4	Tiga Nicuru x DipC	F ₇ /F ₈
Ankpa4	Nigeria		S19-3 x Ankpa4	F_3/F_4	S10-2 x DodR	F/F
DipC	Botswana				019-5 x Dour	1 ₄ / 1 ₅
DodR	Tanzania	controlled crosses from core parents	DIPC x Апкра4	F_2/F_3	IITA-686 x Getso	F_2
Getso	Nigeria		IITA-686 x LunT	F_4/F_5	IITA-686 x Tiga Nicuru	F_2
Gresik	Indonesia		Ankpa4 x DodR	\mathbf{F}_{1}	S19-3 x Getso	F_1
IITA-686	Tanzania		Uniswa Red x Getso	$\mathbf{F_1}$	S19-3 x Ankap4	F_4/F_5
LunT	Sierra Leone		Ankap4 x DipC (& reciprocal)	F.		T 0
S19-3	Namibia			- 1	Uniswa ked x Dodk	F ₁
Tiga Nicuru	Mali					
Uniswa Red	Swaziland					
	1. I.G. 10		Association Genetic Panel:			

community website: <u>http://bambaragroundnut.org/</u>

422 genotype lines from genebank, farmers, researchers, UoN materials

Presidor Kendabie, Katie Mayes, Aliyu Siise Abdullah Bamba, Xuiqing Gao, Festo Massawe, Sean Mayes





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genome size = ~550Mb (K-mer (K=17) analysis, Chang et al., 2019)

Genome assembly	AOCC (Chang et al., 2019)	S19-3 (unpublished)	
Platform	Illumina	Illumina ONT BioNano OM	
No. of scaffolds	65,586	23	
Longest scaffold (bp)	3,684,321	67,847,779	
N50 scaffold length (bp)	640,666	38,635,177	
Total nucleotide (bp)	535,052,523	552,045,261	
At pseudo-chromosomal level (3 sets of genetic maps)			
No. of scaffolds		17	
Total nucleotide (bp)		530,084,832	
Unassigned (bp)		15,960,429	
Coverage		97.5%	

Michael Wilson, Chris Moore, Presidor Kendabie, Luis Salazar Licea, **Wai Kuan Ho**, Sean Mayes



University of Nottingham Bambara groundnut – what next?

Some ingredients: partnerships (Africa and SEA), genetic resources (structured populations, ...), potential traits, genomic tools ...



Some of the constraints in underutilised crops/species: what next for Bambara groundnut



REgeneration begins with...

using regenerative crops in our value chain that naturally restore soil health and return balance to our ecosystems. At What!F Foods, we've started with BamNut, this amazing regenerative crop that we would love all of you to get to know!



MY Products The Whoth Way Whoth Somethal? Bundles Blog Press Recipes FAQ

nt-based products

WhatIF Foods





00% Wheat

0% Wheat:20% Bambara groundnut flour

🔍 📲 4% Wheat : 6% Moringa leaves powder





Bambara Milk and Noodles



Introducing The Brilliant BamNut

BamNut, short for Bambara groundnut, our living example of the WhatE Way in action!







Cinnamon Shake

https://whatif-foods.com/pages/what-is-bamnut

Bambara Groundnut Committee Paper for Discussion

Last updated: 07 June 2022





Committee Paper for Discussion - ACNFP/152/04

Advisory Committee For Novel Foods and Processes

Traditional Food Notification Number RP1086 – Bambara groundnut

Issue

1. A notification for Bambara Groundnut (Vigna subterranea), a traditional food from a third country, has been received under Regulation (2015/2283) (EU retained law).

2. The Committee is asked whether there are safety concerns with the proposed use of this traditional food in the UK market. The information from the Committee will provide the basis for risk management decisions made by the UK.

Background <u>https://acnfp.food.gov.uk/BambaraGroundnut</u>

3. On the 10th of May 2021, the FSA received a notification from Bio-Innovation Zimbabwe for

... intends to market product in dried, roasted and canned forms ...

the specification and conditions of use detailed in the dossier. A risk assessment on the safety of this traditional food is requested to inform this process.

5. The notification dossier is attached as Annex A. Relevant supporting information is attached as Annex B and C. These annexes contain confidential information.

Consultation

Consideration by the ACNFP of Bambara Groundnut (Vigna subterranea) as a traditional food from a third country

Bambara Groundnut Summary

Last updated: 19 January 2023



Background

At the 152nd meeting of the Advisory Committee on Novel Foods and Processes (ACNFP) the traditional food from a third country notification dossier for Bambara Groundnut (Vigna subterranea) was considered. Bambara groundnut, also referred to as Bambara bean, is a tropical legume crop that grows underground and has many names depending on region of prevalence.

The applicant is requesting authorisation within the UK market for the product in four forms i.e., dried hulled & dehulled, roasted dehulled salted & unsalted, canned in salt water and ground to a flour with adults as the target population. The summary of the application can be found on the <u>ACNFP website</u>.

The advice of the Committee to the Food Standards Agency is summarised below. Please note the Committee did not consider any potential health benefits from consuming the food as the focus of the novel food assessment is to ensure the food is safe, not misleading and not putting consumers at a nutritional disadvantage.

https://acnfp.food.gov.uk/BambaraGroundnutSummary



Disrupting the current food system ... to offer consumers biodiverse products and ingredients that are contributing to a food system that's better for people and planet

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Climate Smart Agriculture Women's Empowerment

Rural Development



Built on the belief that greater cultivation of indigenous crops can not only *provide a secure, local food source,*

... but also generate economic, environmental, and social benefits to farmers

BiB serves as a catalyst to increase the production and demand for bambara groundnut ...

Fighting inequalities by sourcing beans directly from smallholder farming cooperatives, offering them a reliable buyer for their beans, and a secure source of foreign investment ...

BelieveinBambara

ONLINE STORE NOW OPEN 🥰 The wait is over! Our online shop is now open for bambara flour &

bean orders.... https://t.co/MokZLaClyG Jun 18, 2019, 4:56 PM

https://www.believeinbambara.com/

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Translating to other under-researched species: Nottingham winged bean (Psophocarpus tetragonolobus) UK | CHINA | MALAYSIA

Kachang botor/botol, winged pea, goa bean, Manila bean, Asparagus pea, Prince's pea, princess pea, Dambala, four-angled bean, ...



Parental lines, structured populations and breeding lines



Plant architecture, early maturity, high yield, quality traits (e.g., protein content; antinutritional factors)

0-1 branches per plant

(Lower vield)

Alberto Tanzi, Yuet Tian Chong, Niki Tsoutsoura and others

Winged bean plant architecture – differences in number of branches in relation to yield



3-5 branches per plant

(Higher yield)



winged/goa bean (*P. tetragonolobus*) (2*n* = 2*x* = 18)



- genome summary



<u>Summary</u>	
Hybrid scaffolds (ONT, Illumina, BioNano OM),	
No. of scaffold	48
Min length (Mbp)	0.123
Median length (Mbp)	6.699
Mean length (Mbp)	11.169
N50 length (Mbp)	23.875
Max length (Mbp)	38.637
Total length (Mbp)	536.132
Pseudochromosome, using genetic maps,	
Scaffolds assigned to LGs	
Cross XB (FP15 x Ma3)	32
Cross XT (Tpt10 x Ma3)	38
Unassigned scaffolds to LGs	10
Length of assigned sequences to LGs	530,283,461 bp
Length of unassigned sequences to LGs	5,848,080 bp
N50 pseudochromosome length	23,875,316 bp
K-mer analysis; flow cytometry	~569 Mb; ~782 Mb
Coverage	~ 67.8 - 93.2%

Unpublished; Fei Sang, Victoria Wright, Chris Moore, **Wai Kuan Ho**, Sean Mayes

University of Nottingham Training: Doctoral Training Programme/ECRs UK | CHINA | MALAYSIA

CFF-UNM Doctoral Training Partnership Student engagement and capacity development for future agriculture



A community for exchange of ideas and experiences

Training programmes on transdisciplinary research approaches and transferable skills

The research teams usually comprise of:

Dual (or more) supervisory teams; international research teams across different disciplines and/or institutes

Multi-site research activities (frequent mobility between institutes) - communication with experts and non-experts



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- University of Nottingham, UK and Malaysia •
- Kirkhouse Trust •
- The International Treaty on Plant Genetic • **Resources For Food and Agriculture**
- Government of Malaysia

People

Many in Africa, Asia and Europe Andrzej Kilian, DArT Pty Ltd





Sayed Azam-Ali



LIK | CHINA | MALAYSIA

WAGENINGEN NAM Sokoine University of Agriculture **GOVERNMENT OF MALAYSIA** Technical University of Munich DFID FIFTH FRAMEWORK PROGR **Department for** International Development Food and Agriculture The International Treaty Organization of the ANT GENETIC RESOURCE nited Nations **University of** Future Food Nottingham eacon of Excellence

UNIVERSITY OF





Tafadzwanashe Mabhaudhi, Albert Modi, Admire Shayanowako, Kwame Shamuyarira, Stuat, Amanda, ...

Wai Kuan Ho, Hui Hui Chai, Presidor Kendabie, Michael Wilson, Luis Salazar Licea, Alberto Tanzi, Katie Mayes, Neil Graham, Aliyu Siise Bamba, Tina Neik Ting Xiang, Fei Sang, Niraj Shah, Christopher Moore, Aloyce Kundy, Xiuqing Gao, Kumbirai Mateva, Xin Lin Tan, Niki Tsoutsoura, Yuet Tian Chong, Tee Ann Jo, Susan Azam-Ali, Yin Sze Lim, Ajit Singh, ...





Winged bean



Traditional local- delicacies in different African countries prepared from Bambara groundnut



Tan et al., 2020; <u>https://doi.org/10.3389/fnut.2020.601496</u>

An overview of the challenges and opportunities of utilizing Bambara groundnut

Tan et al., 2020; <u>https://doi.org/10.3389/fnut.2020.601496</u>